

All Powerlifting Meet Results - Brad Gillingham

Year	Weight	Meet	Place	Squat	Bench	Deadlift	Total
1989	242	Northwest Open	2	575	415	640	1630
	242	Central Mn Open	1	600	425	670	1695
1990	242	Senior State Meet	3	615	435	675	1725
	242	Northwest Open	1	635	445	685	1765
	242	MN State Bench	1		450		
	275	MN Record Breakers	1	640	465	690	1795
1991	275	Senior State Meet	1	650	450	650	1750
	275	Star of the North	1		480	700	
	275	MN State Bench	2		485		
	275	Hawk Country Open	1	660	480	700	1840
1992	275	Northwest Open	1	670	470	715	1855
	275	Nationals-Minneapolis,MN	4	684	490	705	1879
	275	MN State Bench	2		500		
1993	275	Senior State Meet	1	650	500	700	1850
	275	GNC Classic	1		510		
	275	Northwest Open	1	705	515	705	1925
	275	Nationals-Wilkes Barre,PA	3	733	512	705	1951
1994	275	Senior State Meet	1	745	520	720	1985
	275	GNC Bench Classic	1		535		
	319	Nationals-Chicago, IL	2	<u>782.5</u>	<u>534.5</u>	<u>738.5</u>	<u>2055</u>
1995	319	Senior State Meet	1	755	530	750	2035
	319	Northwest Open	1	600	545	755	1900
	319	Nationals-Wilkes Barre, PA	5	788	551	749	2088
	319	Senior Regionals	1	750	560	800	2110
1996	319	MN State	1	600	570	805	1975
	319	Nationals-St Louis, MO	2	782	567	<u>815</u>	<u>2165</u>
	SHW	IPF Pan American Championsf	1	755	573	804	2132
1997	319	Minnesota State	1	805AR	560	825AR	2190AR
	SHW	Nationals-Philadelphia,PA	1	777	573	810	2160
	SHW	IPFWorld Championship	2	788	573	804	2166
1998	319	Zumbro Valley Open	1	810	580	815	2205AR
	SHW	Nationals-Denver, CO	1	821	579	804	2204
	SHW	IPF World Championships	4	799	584	810	2193
1999	SHW	Minnesota State	1	600	570	840AR	2010
	SHW	Nationals-St Louis, MO	1	810	584	815	2210
	SHW	IPF World Championships	2	826	589	832	2248
	SHW	IPF Invitational-Orebro, Swed	1	832	595	826	2254
2000	SHW	IPF Pan American Championsf	1	777	573	843AR	2193
	SHW	Nationals-Chicago, IL	1	821	611	826	2258
	SHW	IPF World Championships	1	816	600	837	2254
2001	SHW	Nationals-Omaha	1	788	600	848	2237
	SHW	World Games-Akita Japan	2	837	584	843	2265
	SHW	IPF World Championships	1	826	589	826	2243
	SHW	IPF Invitational-Orebro, Swed2(5)Wilkes		843	589	821	2254
2002	SHW	Nationals-Chicago, IL (Injured	2	826	573	771	2171
	SHW	IPF World Championships	2	837	611	854	2303
2003	SHW	Nationals-Rapid City	2	865	611	810	2287
	SHW	IPF World Championships	Bomb				
2004	SHW	IPF North American	1	859	589	821	2271
	SHW	Nationals-Baton Rouge	2	870	633	837	2342
	SHW	IPF World Championships	4	843	606	821	2276
2005	SHW	World Games-Duisburg Germ	5	854	600	821	2276
	SHW	IPF Invitational-Orebro, Swed	4	826	617	848	2292
2006	SHW	Masters Nationals-Killeen	1	782	595	859	2237
	SHW	IPF North American	1	815	611	815	2243
	SHW	IPF Masters Worlds	1	859	600	848	2309
2007	SHW	IPF Danube Cup	Guest	793	589	832	2215
	SHW	Nationals-St Louis, MO	1	843	611	837	2292
	SHW	IPF World Championships	2	848	611	859	2320
2008	SHW	IPF GNC Arnold Deadlift	1			865	

American Records AR

State Records in Bold

National Meet Records in Bold and underlined

Several of the meets included multiple records

World Masters Records