

Wade Gillingham Competition Results

ADFPA/USAPL Powerlifting Contests

Date	Competition	Lifts	Placing
06/29/1991	MN Star of the North - Blaine, MN	370 Bench, 570 Deadlift	2nd 242 Class
05/22/1993	Northwest Open - Fridley, MN	635 Squat, 420 Bench, 585 Deadlift	1st 242 Class
02/24/1996	MN State Bench Press - Fridley, MN	450 Bench	1st 275 Class
06/29/1996	MN Star of the North - Morrhead, MN	460 Bench, 625 Deadlift	1st 275 Class
09/07/1996	Hawk Country Open - Hermantown, MN	675 Squat, 475 Bench, 700 Deadlift	1st 275 Class
07/27/1997	USAPL Mens Nationals - Chicago, IL	644 Squat, 457 Bench, 672 Deadlift	3rd 319 Class

Professional Strongman Contests

Date	Competition	Location	Placing
07/04/1999	Central USA Strongman Championships	Kokomo, Indiana	5th
09/18/1999	Strongman II (International)	St. Louis, Missouri	6th (4th american)
05/27/2000	Beauty and the Beast (International)	Honolulu, Hawaii	15th (8th American)
07/02/2000	American Hercules (International)	Kokomo, Indiana	5th (4th american)
08/19/2000	Minnesota Renaissance (NSAA pro tour)	Shakoppee, Minnesota	3rd
09/03/2000	Michigan Renaissance (NSAA pro tour)	Holly, Michigan	3rd
09/09/2000	Kansas City Renaissance (NSAA pro tour)	Overland Park, Kansas	2nd
04/28/2001	NSAA Azalea Strongman Challenge	Norfolk, Virginia	7th
06/02/2001	Beauty and the Beast (International)	Honolulu, Hawaii	16th (9th american)
08/11/2001	Festival in the Park Strongman Contest	Kasson, Minnesota	1st
02/16/2002	Northeast Showdown (International)	Boston, Mass.	11th (7th American)

Professional Grip Competition Results

Date	Competition	Location	Placing
05/26/2000	Rolling Thunder World Championships	Honolulu, Hawaii	6th
07/20/2002	Ironmind Steel Fingers Grip Challenge	St. Louis, Missouri	1st
05/30/2003	Rolling Rock Rolling Thunder Contest	Las Vegas, Nevada	4th
08/07/2003	Rolling Thunder National Championships	St. Louis, Missouri	4th
03/05/2010	Arnold Strongman Mighty Mitts Contest	Columbus, Ohio	4th

Professional Arm Wrestling Results

Date	Competition	Location	Placing
06/02/2007	Growlers Strong Arm Challenge	Alcester, South Dakota	1st Left, 2nd Right
11/24/2007	Growlers Point Series Tournament	Alcester, South Dakota	2nd Left, 2nd Right