

GNC Grip Gauntlet Successful Competitors by Event



Year	Event	Format	Winners
2002	Mr. Olympia	Blob Challenge	None
2003	Arnold Classic	Blob Challenge	None (partial lift by Richard Sorin)
	Mr. Olympia	Blob Challenge	Nick Best Viken Atrian
2004	Arnold Classic	Grip Gauntlet (Heavy)	Monte Brown
	Show of Strength	Grip Gauntlet (Light)	Chris St Clair Nick Zinna (#3)
	Mr. Olympia	Grip Gauntlet (Heavy)	None
2005	Arnold Classic	Grip Gauntlet (Heavy)	None
	IHRSA Show	Grip Gauntlet (Light)	None
	Mr. Olympia	Grip Gauntlet (Light)	None
2006	Fit Expo	Grip Gauntlet (Light)	Kevin Bussi (#3)
	Arnold Classic	Grip Gauntlet (Light)	Duke Holtzclaw Richard Camp Rich Bryant Jedd Johnson Harold Owens
	Mr. Olympia	Grip Gauntlet (Light)	Darryl Lattimore Cassius Ware Duke Holtzclaw
2007	Fit Expo	Grip Gauntlet (Light)	Vache Sevajian (#3) *Brian Shaw
	Arnold Classic	Grip Gauntlet (Light)	Duke Holtzclaw Jason Terry Jason Pyles Rich Bryant Pete Vanderweele
	Mr. Olympia	Grip Gauntlet (Light)	James Klassen Darryl Lattimore Cassius Ware
2008	Fit Expo	Grip Gauntlet (Light)	Donovan Donnell Ronnie Castro James Rude Vache Sevajian (#3) *Corey St. Clair
	Arnold Classic	Grip Gauntlet (Medium)	Steve Schmidt Jedd Johnson (#3) Tex Henderson (#3.5, 212lbs) Richard Sorin Andrew Durniat *Tom McClure *Brian Schoonveld *Brad Gillingham
	Mr. Olympia	Grip Gauntlet (Light)	Eric Spoto

Year	Event	Format	Winners
2009	Fit Expo	Grip Gauntlet (Light)	Darvez Ballew Ronnie Castro *John Connor (#3, 212lbs)
	Arnold Classic	Grip Gauntlet (Heavy)	Tex Henderson (#3.5) Rich Williams (#3.5, 240lbs) Andrew Durniat *Karl Gillingham *Brian Shaw
	Mr. Olympia	Grip Gauntlet (Medium)	Eric Spoto *John Connor (#3.5)
2010	Fit Expo	Grip Gauntlet (Medium)	Sandrow Kitsman *Louis-Phillippe Jean (#3) *Dave Ostlund (#3)
2012	Mr. Olympia	Grip Gauntlet (Heavy)	None
2013	Fit Expo	Grip Gauntlet (Medium)	Brandon Hall Sean Johnson
	Arnold Classic	Grip Gauntlet (Light)	*JL Holdsworth *Brad Audrey
	Mr. Olympia	Grip Gauntlet (Light)	Darryl Latimore

Note: Wade Gillingham has opened every day of the Grip Gauntlet by completing the challenge. No records were kept after the 2010 Fit Expo until the 2012 Mr. Olympia due to equipment inconsistencies.

** Competitor was not eligible for the prize because they were a professional strongman.*

GNC Grip Gauntlet

Chronological List of Successful Competitors



Light Format	Medium Format	Heavy Format
1. Chris St. Clair	1. Steve Schmidt	1. Monte Brown
2. Nick Zinna (#3)	2. Jedd Johnson (#3)	2. Tex Henderson (#3.5)
3. Kevin Bussi (#3)	3. Tex Henderson	3. John Connor
4. Duke Holtzclaw	4. Richard Sorin	4. Karl Gillingham
5. Richard Camp	5. Andrew Durniat	5. Rich Williams (#3.5, 240lbs)
6. Rich Bryant	6. Tom McClure	6. Andrew Durniat
7. Jedd Johnson	7. Brian Schoonveld	7. Brian Shaw
8. Harold Owens	8. Brad Gillingham	
9. Darryl Lattimore	9. Eric Spoto	
10. Cassius Ware	10. John Connor	
11. Vache Sevajian (#3)	11. Louis-Phillippe Jean (#3)	
12. Brian Shaw	12. Sandrow Kitsman	
13. Jason Terry	13. Dave Ostlund (#3)	
14. Jason Pyles	14. Brandon Hall	
15. Rich Bryant	15. Sean Johnson	
16. Pete Vanderweele		
17. James Klassen		
18. Donovan Donnell		
19. Ronnie Castro		
20. James Rude		
21. Corey St. Clair		
22. Eric Spoto		
23. Darvez Ballew		
24. John Connor		
25. Brad Audrey		
26. JL Holdsworth		

Dark shaded cells represent challenges that were done with the original IronMind Rolling Thunder handle at weights of 187, 197, and 212 pounds respectively. Light shaded cells represent challenges that were done with the current IronMind Rolling Thunder handle at weights of 187, 197, 207 pounds respectively. For both shades the grippers used were IronMind CoC 2, 2.5, and 3 for the light, medium, and heavy versions. Non-shaded cells represent challenges done with a Fat Gripz Extreme on a rolling stirrup style handle with 145, 155, and 170 pounds respectively, and GHP Level 4, 5, and 6 respectively. For all years the 50lbs York Blob has been used for all versions, light, medium, and heavy.